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No coaches, but athletes try to still find sportsman spirit

4,000+ young athletes lose critical training time as outdated contract rule removes coaches at sports hostels off duty for 1 month

Bangalore Mirror Bureau
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TWEETS @BangaloreMirror

Karnataka's sports training ecosystem is facing a major disruption as the state's 32 sports hostels have been left without coaches for an entire month, affecting the training of over 4,000 young athletes. According to officials, coaches employed on a contractual, monthly salary basis by the Karnataka Sports Authority are being temporarily released from duty for one month every year, instead of the usual one day, under an outdated administrative rule.

This flawed system means that from the end of September, the state's sports hostels remain unattended, depriving athletes of crucial daily training. The practice also disrupts the financial stability of coaches who rely on monthly salaries for their livelihood, leaving them in a difficult position.

Administrative lapse explained

As per government directives, many associations employ around 50 coaches across 32 sports hostels, training athletes in various disciplines. However, under the existing rule, each coach is relieved from duty for a month, only to be reinstated for the remaining 11 months after signing a new contract. This year, all coaches were relieved on September 30.

Officials note that the practice was initially designed to prevent a contractual employee from completing 365 consecutive days in government service, which would entitle them to permanent status. To circumvent this, departments across the state release contractual staff briefly before renewing contracts. In the case of the sports department, this period has been extended to a full month, leaving athletes without guidance.

Athletes left stranded

Sports authorities point out that October is a critical month for athlete preparation. It coincides with school and college sports meets, state and national competitions, and association tournaments, making consistent training vital.

File photo of an interschool women's hockey tounament

Officials note that the practice was initially designed to prevent a contractual employee from completing 365 consecutive days in government service, which would entitle them to permanent status

During this period, athletes preparing for events such as the Olympics receive intensive coaching, nutritional support, and practice routines. Any lapse in training, especially for high-performance athletes, could affect their performance and Karnataka's sports rankings. The financial stakes are also significant. Providing nutritious meals to over 4,000 athletes during this one-month gap costs around ₹12 lakh per day, totaling approximately ₹3.6 crore for the month. With coaches absent, this investment risks being wasted as athletes miss critical practice sessions.

Officials promise review

Following the release order on September 30, the sports department instructed that all coaches hand over sports equipment to the assistant directors of the respective districts. Coaches have also been relieved from all official duties during this period.

Chaitanya, Commissioner of Youth Empowerment and Sports, stated that the department plans to revise the system soon, possibly reverting to one-day breaks instead of a full month to prevent training disruptions.

Pollution board has grand golden jubilee plans

Statewide programmes by KSPCB aim to educate communities, engage students, and recognise individuals and organisations for promoting sustainable environmental practices

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The Karnataka State Pollution Control Board (KSPCB) is celebrating its Golden Jubilee with events from October 10 to November 19 across the state. Board Chairman PM Narendra Swamy said the celebrations will feature extensive awareness and pollution control programs in every village, honoring former Prime Minister Indira Gandhi, instrumental in establishing the Board.

The festivities begin in Ballari on October 10 with an environmental awareness campaign and culminate with a mega event in Bengaluru on November 19, Gandhi's birth anniversary. Programs will be held across 15 regions, ensuring participation from all districts, taluks, and villages. Awareness drives and competitions, including painting contests for students, will offer ₹3,000 prizes at district-level events. Individuals and organisations contributing to environmental protection will be honored with the Indira Priyadarshini Environment Award.

Additionally, a state-level seminar on November 18–19 will discuss suggestions gathered from local discussions on environmental protection. The Board has launched a creative initiative, "Make a Reel on the Environment and Win a Prize," encouraging the public to create social media reels promoting environmental care. Winners will receive ₹50,000, ₹25,000, and ₹10,000 for first, second, and third prizes, respectively, inspiring active participation in sustainable practices across Karnataka.

Karnataka State Pollution Control Board plans to celebrate its Golden Jubilee with events across the state

Festivities begin in Ballari on October 10 with environmental awareness campaign and culminate with a mega event in Bengaluru on November 19; events will be held across 15 regions, ensuring participation from all districts, taluks, and villages .

Kalaburagi's only air link to be broken

Bengaluru's only air link to Kalaburagi, a key city in north Karnataka, is set to be suspended from October 15, disrupting frequent flyers between the two regions. Star Air, which began operations on November 22, 2019, will halt its Bengaluru–Kalaburagi service after recently scaling down flights to just three days a week. Kalaburagi Airport, the first civil aviation hub in the Kalyana Karnataka region, had connected the city to Bengaluru, Tirupati, Mumbai, and Hyderabad. Local leaders and citizens have voiced strong opposition. Kalaburagi MP Radhakrishna Dodmani has urged the central government to ensure Bengaluru flights continue Residents and business groups say the move will hurt trade, travel, regional development, leaving north Karnataka's largest city disconnected from the state capital. **–BMB**

₹55.33 crore to Roerich estate project

The state government has approved Rs 55.33 crore to develop the first phase of the tourism and cultural center at Roerich and Devika Rani Estate on Kanakpura Road on the outskirts of Bengaluru. The decision was taken by the Karnataka cabinet on October 9. **–BMB**

1 test for vacancies across depts

The Karnataka Examinations Authority (KEA) has announced recruitment for 708 vacancies across eight government organisations, including the Bengaluru Development Authority (BDA), Karnataka Soaps and Detergents Limited (KSDL), and the Rajiv Gandhi University of Health Sciences (RGUHS). Online applications will be accepted from October 9 to November 11, and the selection will be through a competitive OMR-based examination. The test will include deduction of ¼ mark for each wrong answer. A common syllabus will apply to all departments. The exam date will be announced later. To apply log on to cetonline.karnataka.gov.in/kea/, said KEA Executive Director H Prasanna. **–BMB**

Betting racket: Gold worth ₹50 cr seized from Veerendra

Investigations into Congress MLA KC Veerendra of Chitradurga for running an illegal online betting racket have intensified, with the Directorate of Enforcement (ED) seizing two lockers in Challekere on Thursday, recovering 40 kg of gold bullion worth 50.3 crore. This follows earlier seizures by the ED that included assets worth 103 crore of around 21 kg gold bars, cash, gold and silver jewellery, bank accounts, and luxury vehicles, taking total seizures in the case to over 150 crore so far. According to an official release, probe found Veerendra, along with friends and family, operated multiple illegal online betting platforms. **-BMB**

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CITY PAGE 7

Grim tidings Suicide at City Civil Court building; death of young couple in mysterious circumstances shock city

Gender bender Sonali Bendre thrilled with how women are making presence felt in all aspects of film making

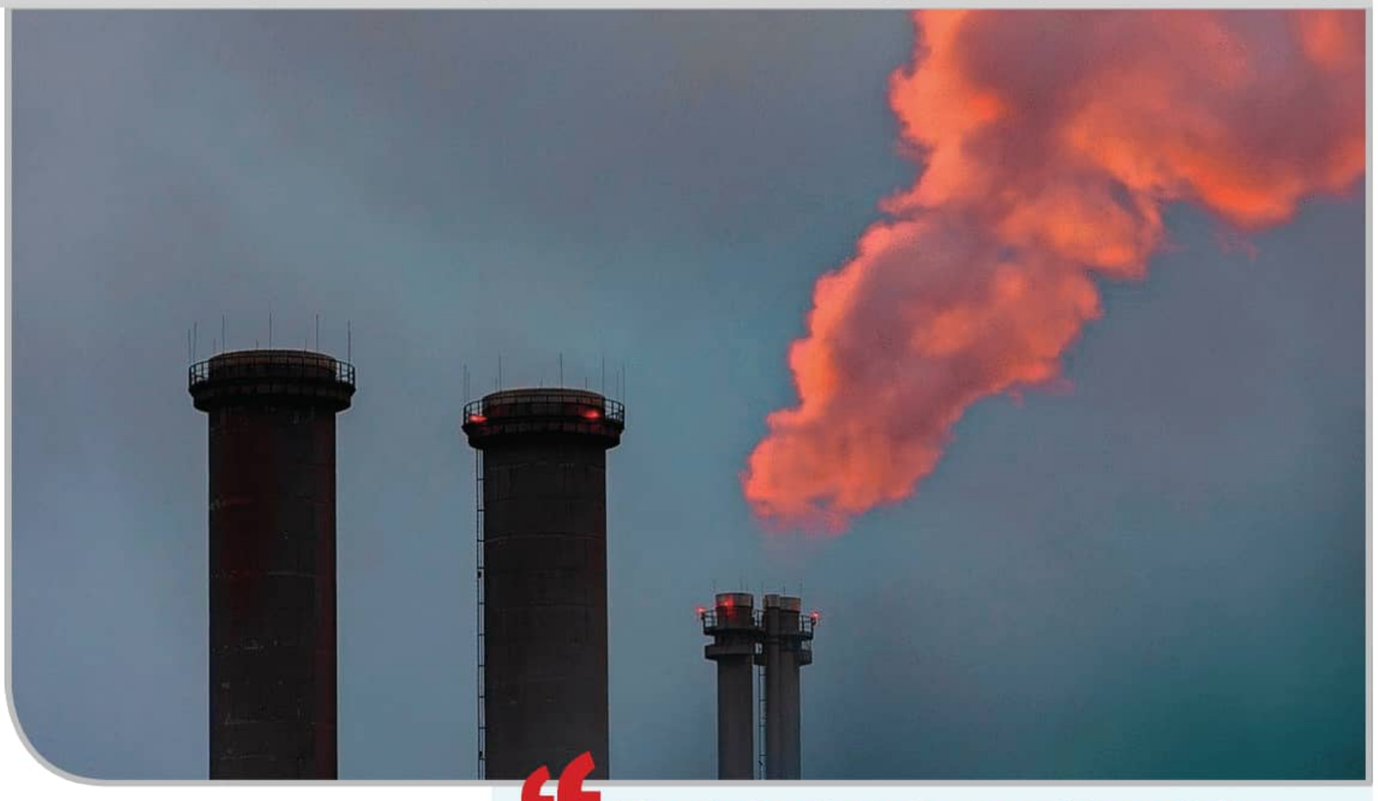
MOVIES PAGE 10

City hotspot of dangerous pollutant; major chunk of it is spewed out from industries followed by road transport. With state seeing increase of concentration by 0.5µg/m3 per year, it is time for policy makers to take note

FADE TO BLACK

Transitioning to cleaner fuels, promoting renewable energy adoption can help

Garima Prasher
garima.prasher@timesofindia.com
TWEETS @BangaloreMIRROR



Levels of black carbon, one of the most harmful air pollutants, have been rising in Karnataka at an alarming rate.

With Bengaluru as a hotspot, the concentration of black carbon in the state is increasing by 0.5µg/m3 per year, a group of researchers from Environmental Management and Policy Research Institute (EMPRI), Center for Study of Science, Technology and Policy (CSTEP), Bengaluru, and Vasudha Foundation in Delhi have found.

Researchers used satellite images and ground data to develop high-resolution black carbon concentration maps for Karnataka between 2018 and 2024. The analysis showed that apart from Bengaluru Urban, the districts of Vijayapura, Kalburgi, Raichur, Koppal, Gadag, Ballari, Kodagu, Yadgir, and Vijayanagara consistently exhibit the highest concentration of black carbon in the state.

Moreover, there is a consistent annual increase in the levels of black carbon in Karnataka, except in 2020 due to the COVID-19 pandemic, which led to a reduction in activities that release this harmful pollutant.

In all the districts combined, various industries are responsible for most of the black carbon emission (46.4%), followed by road transport (39.8%), residential sector (6.8%), forest fires (3.5%), stubble burning (2.4%), and miscellaneous activities (1.2%).

CONTINUED ON PAGE 2 »

“Black Carbon is considered the second most harmful air pollutant after PM2.5, and thus the health impact of this pollutant can be extremely dangerous. We have conducted this study to highlight that levels are going up, so policymakers and agencies can take measures to reduce emissions

— Dr Narayan Kayet, Department for Climate Change, EMPRI

Octoberfest of extremes

Heat, rain, unpredictable skies — Bengaluru ready to expect the unexpected

Sridhar.Vivan@timesofindia.com
TWEETS @sridharVMIRROR

The India Meteorological Department (IMD) has forecasted heavy rainfall in Bengaluru this October, a trend that is consistent with historical patterns. October is the month when Bengaluru bids farewell to the southwest monsoon, which typically retreats around October 15. However, climatological data from the past decade shows that October weather has become increasingly unpredictable, with sharp swings in temperature, sudden downpours, and occasional extreme events.

Last year’s October recorded the highest-ever October temperature of 33°C on October 3, matching the all-time monthly record. Over the past decade, maximum October temperatures have generally stayed between 30°C and 33°C, while minimums have risen from 15°C in earlier years to 18–19°C more recently. Rainfall has been equally volatile. On October 16, 2024, a single-day downpour of 66.1 mm contributed to a monthly total of 305.5 mm, well above the long-term October average. Historical extremes underline this variability: 2021 recorded 366.5 mm, 2018 saw 385.7 mm, whereas 2016 and 2017 were unusually dry, with 47 mm and 11.5 mm respectively. Bengaluru’s highest 24-hour rainfall in October remains 178.9 mm on

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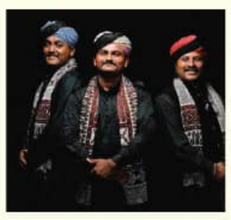
THINGS TO DO

01 Feel the beat



Windmills is presenting Barmer Boys, the globally renowned torchbearers of Rajasthan's Manganiyar musical tradition. Blending the soulful depth of ancient folk and Sufi sounds with contemporary spirit, Barmer Boys bring India's desert music to life on international stages. **Where: Windmills, Whitefield; When: October 10, 11, 9.30 pm**

02 Play time

Black Box India is presenting 'No Strings Attached', an engaging exploration of the human experience presented in a contemporary vaudeville format, delving into the intricacies of the present, past and potential future. **Where: Alliance Francaise, Vasanth Nagar; When: October 10, 7.30 pm**

03 State of the art

Anek Art Collective is presenting its maiden group exhibition, '8 Artists, 8 Narratives', a celebration of the diverse styles of artworks from its talented artists. The collective, whose name 'Anek' means 'multitude,' reflects a group identity at the intersection of divergent creative perspectives. **Where: Art Houz, Vasanth Nagar; When: Until October 12, 10.30 am to 7 pm**

04 Festive mode on

Embassy Academy is coming up with the second edition of its Diwali Fiesta with a theme of 'Royal Diwali Across India', promising a vibrant day of joy, colour, and festive cheer, to celebrate the Diwali spirit. **Where: Embassy Academy, Devanahalli; When: October 11, 10 am to 3 pm**

05 Woven wonders

Karnataka Chitrakala Parishath presents Bengaluru Utsava – a vibrant festive exhibition-cum-sale celebrating Dasara and Navaratri through the artistry of over 50 artisans from across India. The event features over 70 stalls offering handloom, handicrafts, lifestyle products, festive decor, and essentials for Bombe Habba doll displays and winter wear. **Where: Karnataka Chitrakala Parishath, Kumara Krupa Road; When: Until October 12, 10 am onwards**

Not possible to ban protests, says HC

While dismissing petition seeking restriction on protests on Kannada Rajyotsava, HC says no order can be passed to prevent people from protesting with prior relevant permissions

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The Karnataka High Court on Thursday disposed of a Public Interest Litigation (PIL) seeking to restrain the Maharashtra Ekikarana Samiti (MES) from observing or publicising 'black day' on Kannada Rajyotsava (November 1) in Belagavi or any other Kannada-speaking region.

A division bench comprising Chief Justice Vibhu Bakhru and Justice CM Poonacha, while disposing of the petition filed by Mallappa Chayappa Aksharad, observed that "blanket orders restraining persons from holding demonstrations or protests cannot be granted." The court clarified that the MES may organise protests, demonstrations, or rallies only after obtaining requisite permission from the concerned authorities.

Recording the assurance given by the State government, the bench noted that necessary steps would be taken to ensure there is no breach of law and order on account of any protest or demonstration planned on November 1, 2025.

No changes post result, says HC

The Karnataka High Court has dismissed a petition filed by a medical student seeking permission to change her category from General to Other Backward Classes (OBC) after the declaration of the NEET-PG 2025 results.

A division bench comprising Justice DK Singh and Justice Venkatesh Naik T rejected the plea filed by Dr C Anusha, observing that such a change after the results would disturb the entire admission process.

According to the case records, the petitioner had registered as a General merit candidate for NEET-PG 2025. The results were declared on August 19, 2025, and she approached the High Court with the writ petition on September 8, 2025, seeking to be considered under the OBC category. However, the respondents contended that the National Testing Agency (NTA) had provided a correction window between March 9 and March 11, 2025, during which candidates could rectify errors in their application forms. The petitioner, despite having the opportunity, did not amend her category and participated in the exam as a General candidate.

The Karnataka High Court, upon reviewing the precedents, held that the cases cited by the petitioner were factually distinguishable, since she approached the court only after the results were announced. Finding no merit in the petition, the bench dismissed the plea.

Prajwal's plea to be heard on October 28

The Karnataka High Court on Thursday issued notice to the State government on an appeal filed by Janata Dal (Secular) leader and former MP Prajwal Revanna, who has challenged his conviction and life sentence in the first rape case registered against him at the Holenarasipura Rural Police Station in Hassan district.

A division bench comprising Justice KS Mudagal and Justice Venkatesh Naik T directed Revanna's counsel to submit a comprehensive synopsis of the appeal. The bench also asked the State counsel to clarify whether a Special Public Prosecutor (SPP) has been appointed to argue the appeal, as was done during the trial. The case has been posted for further hearing on October 28.

Applications open online for Karnataka Rajyotsava Awards

The Karnataka Department of Kannada and Culture has begun the online application process for the 2025 Rajyotsava Awards, confirmed Minister Shivaraj S Tangadagi. Eligible candidates will be finalised by an advisory committee and a high-level selection panel constituted by the department. This year, 70 distinguished individuals are set to receive the prestigious award. Already submitted self-nominations will also be considered by the awards advisory committee, the minister added. **— BMB**

CDSCO orders nationwide inspection of cough syrups

Following reports of 20 child deaths in Madhya Pradesh allegedly caused by contaminated cough syrups, the Central Drugs Standard Control Organisation (CDSCO) has directed all states to conduct a comprehensive inspection of cough syrup production units. The agency has instructed authorities to ensure that every batch of raw materials and finished formulations is properly tested before being used or marketed. **— BMB**

Glitter on

The fourth Limelight Diamonds store, located on New BEL Road, was inaugurated by Regional Partner Tushar Patni and Director Karam Chawla, in the presence of several dignitaries. **— BMB**

SOS: It is not business-as-usual

CONTINUED FROM PAGE 1

According to Dr Narayan Kayet of the Department for Climate Change in EMPRI, lack carbon (BC) is a short-lived climate pollutant that adversely impacts human health, regional air quality, and climate.

"Black Carbon is considered the second most harmful air pollutant after PM2.5, and thus the health impact of this pollutant can be extremely dangerous. We have conducted this study to highlight that levels are going up, so policy-makers and agencies such as State and Central Pollution Control Boards, urban local bodies, can take measures to reduce BC emissions and associated health and climate impacts," said Dr Kayet.

Time to transition

Transitioning to cleaner fuels, enhancing combustion efficiency, promoting renewable energy adoption, and implementing stringent regulations on industrial and transportation emissions are some strategies to reduce black carbon emissions, opine researchers.

Experts say that combining black carbon emission data with other information, such as meteorological and land-use data, can further help in emission reduction planning and long-term climate and public health outcomes assessment.

"These results highlight the growing black carbon burden in Karnataka, the need for targeted mitigation in industrial and transport sectors, and the value of satellite-based approaches in supporting evidence-based air quality and climate policies," added Dr Kayet. An earlier study from researchers from the Environmental Management and Policy Research Institute (EMPRI) and Center for Study of Science, Technology and Policy (CSTEP) on black carbon emission had predicted that under a business–as–usual scenario, the emission of this harmful pollutant from heavy-duty vehicles in Karnataka is expected to reach 158.89 and 102.72 metric tons (MT) by 2050, exacerbating environmental and health issues.

Sharp mood swings of October

CONTINUED FROM PAGE 1

October 1, 1997, and the wettest October ever was 605.6 mm in 2005, illustrating that intense, concentrated rainfalls are no longer outliers.

Long-term climatic patterns

Climatological records from 1991–2020 show that Bengaluru maintains a temperate plateau climate, with a mean annual maximum of 29.8°C and a mean minimum of 19.4°C. The hottest months are March to May, peaking in April at 34.1°C, while May follows at 33.1°C. Night temperatures remain moderate (21–22°C), offering relief from daytime heat. December and January are the coolest months, with minima of 16–16.4°C, providing Bengalureans with mild, comfortable winters.

According to IMD data, rainfall is highly seasonal, dominated by the southwest monsoon (June–September). August sees the heaviest precipitation at 162.7 mm, followed by September at 208.3 mm. October, influenced by the retreating northeast monsoon, averages 186.4 mm, keeping late October lush before the dry winter sets in. Pre-monsoon months — April and May — also bring considerable rain (61.7 mm and 128.7 mm, respectively), often accompanied by thunderstorms.

Thunderstorms dominate

Over three decades, thunderstorms are the most frequent extreme weather, occurring on 46.4 days annually, mostly during pre-monsoon and monsoon months. Squalls appear on 62.6 days, hail is rare at 0.4 days, and fog is virtually negligible. These figures confirm that Bengaluru's extremes are rainfall-driven rather than temperature-driven, with localized convective storms rather than large-scale cold or heat events dominating the city's climate.

Paid menstrual off gets cabinet approval

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In a landmark decision, the Karnataka Cabinet on Thursday approved the Menstrual Leave Policy 2025, extending one day of paid leave every month to all working women across government offices, garment factories, MNCs, IT companies, and private industries. The move marks Karnataka as one of the few states in India to officially recognise menstrual health as a workplace right and a key component of women's welfare.

Committee's report highlights physical and emotional challenges women experience during menstruation and need for adequate rest, workplace support

Chaired by Chief Minister Siddaramaiah, the Cabinet meeting took up the proposal placed by the Labour Department, emphasising that menstrual health is integral to women's dignity, productivity, and well-being. The policy aims to create a supportive work environment where women can prioritise their health without stigma or professional repercussions.

The recommendation for paid menstrual leave was based on the report of an 18-member expert committee headed by Dr Sapna S, Head of the Department of Law at Christ University. The committee's report highlighted the physical and emotional challenges women experience during menstruation and the need for adequate rest and workplace support.

While there is no national legislation mandating menstrual leave, a few states like Bihar, Kerala, and Odisha have already implemented similar policies. Karnataka's new policy follows these precedents, ensuring that all women employees—whether in public or private sectors—will now be entitled to one paid leave day each month under the Menstrual Leave Policy 2025.

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* Land 3.20 cents 3 side Rds
* Land 96 cents 2 side Rds
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tender & notices

PUBLIC NOTICE

PUBLIC NOTICE

Notice is hereby given that our client intends to purchase the schedule property from **Krupanand & Vallam Kondu,** S/o V. Siva Sankara Satyanarayana, Residing at No. 2/574, Balaji Nagar, Proddatur, Cuddapah District, Andhra Pradesh-516360, being its absolute owner in possession, proposes to sell the said property to our client. Any person having any claim, right, title, interest, lien, mortgage, or charge over the property is hereby required to inform the undersigned in writing within **15 days** from the date of publication of this notice, failing which the sale will be completed and such claims, if any, shall be deemed waived and will be presumed that no valid claims or objections subsist against the said person and the Schedule Property is free from all encumbrances.

SCHEDULE PROPERTY

All that immovable House Property bearing No.147, 19th Cross, 5th Phase, J.P. Nagar, Bengaluru–560078, measuring East-West 30 ft. & North-South 40 ft. (total 1200 sq.ft.), having **E-Katha No.1451350442 / Khata No. JPN/1/00415/2022-23,** within BBMP limits with Boundaries: **East by:** Site No.146, **West by:** Site No.148, **North by:** Road, **South by:** Private Property.

Sd/- D.R.P. Babu & Associates
Advocates,
U-203, No. 87, Shreshta Bumi, K.R. Road, Basavanagudi, Bangaluru-560004.
Call: 9900176271, 9845712345
Place: Bengaluru Dated: 10.10.2025
ROUNAQH

personal

CHANGE OF NAME

I, Sharfunnisa Syed Ahmed R/o No 291 5th Cross Masjid Road Nazarbad Mysuru Have Changed My Name To Sharfunnisa Mushtari Jan For All Purposes.

I, N. ANAND KUMAR S/o Late Narmal Kavedia Jain, Residing at No.161, F No.503, 5th Floor, Next to Prestige GTA, RV Road, Basavanagudi, Bangalore-560004 Declare that my father name wrongly entered in passport as NARMAL KAVEDIA correct name is NARMAL KAVEDIA JAIN vide affidavit dated: 01.10.2025 Sworn before notary: A R Muneer Ahmed, Bengaluru

I, T.R. Nagalambike, Nagalambike .T.R, Nagamani .T.R, W/o Jayarame Gowda, R/o no 145, 6th Main Road, 3rd cros, Mathikere Extn, Bangalore – 560054 have changed my name to T R Nagamani. as it was Incorrectly mentioned in my sale Deed and Transfer Certificate. Henceforth, I shall be Known as T R Nagamani.

I, Mohsina Mohammed Jafar Mullaji (Mohsina Mullaji PP No P2230336) r/o J319, Brigade EL Dorado, Jasper Phase I, Aerospace Park, Near Shell Office Huvinayakanahalli, Bagalur, Bengaluru - 562149 have Change my name to Mohsina Arun Kumar Hallur for all purpose vide affidavit dated 09-10-25 sworn before notary C.K. Anupama, B'lore

I, Shiva Prasad R K, S/o Kailasam R.J, residing at No. 1036, 1st Cross, Upkar Residency, Ullal road, Near Mallatha halli RTO, Ullal Gidadakonena halli, Bengaluru-560091, have changed my minor son's name from LAKSHY UJJWAL to LAKSHY SHIVAPRASAD, vide affidavit dt: 08.10.2025, before notary Natesh D, Bengaluru.

I, DEEPA P W/o SAIJAN KALLARAMANALIL KURUVILLA R/o No 705, 7th floor, Mahveer Cedar AGB layout, Chikkasandra Hesaraghatta main road Bangalore - 560090. I have changed my name to DEEPA SAIJAN vide affidavit dated: 03/10/2025 Before Notary C. SHARADA Bangalore.

I, JASMINE MARY JOSE, W/o RAJESH SEBASTIAN, R/o No 1004 HIG Surya Nagar Phase -3, Adigondanahalli Block-2, Muthanallur Bengaluru-560099. I have changed my name to JASMINE RAJESH vide affidavit dated: 29/09/2025 Before Notary C SHARADA Bengaluru.

I, Syed Afeef Syed Asif s/o Syed Asif Mahmood R/o 4/2, 4th cross, Lalbagh fort road, Dodda Mavalli, Basavanagudi, Bengaluru 560004 have changed my name to Syed Afeef. I shall be called by this name for all purposes

I, Natasha Ben Aziz, D/o Altair Ben Aziz, R/o 2CC-625, 2nd C Cross, 2nd Block, HRBR Layout, Kalyan Nagar, Bengaluru-560043, Have changed my name to Natasha Ben for all Purposes.

I, Prasannakumar Shreekanth R/o No 61 Pvr Greens Huskur Road Gottamaranahalli Bengaluru Have changed my name to Prasanna kumar Venkataramana Reddy for all Purposes.

I, ZEENATH, residing at No.331, 1st Cross, 1st Main, Upakar Layout, Bangalore-560091 have changed my name to KAVYA, vide affidavit dt: 08.10.2025 before notary Devaraja E, Bangalore.

I, Ramanna, S/o. Yallappa, R/o. E107, Ambedkar L/o., Ellukunte, Blr-068, have changed my name to RAMU RAMU vide affidavit Dt: 03/10/25 before Notary B. M. Chandrashekar, Blr.

I, K Priya, w/o R Srinivas, R/o Flat No G-4 Innovative Olive Meadow Apt, T C Palya Main Road, Krishnarajapuram Bengaluru-560036 Have Changed my name to S Priya for all Purposes.

I Asha Anilkumar d/o C A Mariaraj R/at No.3, 8th Cross, Joseph Layout, Lingarajapuram, St.Thomas Town post, Bangalore 560084 would like to change name as Asha Raj M vide affidavit dtd 8th Oct 2025 in front of Notary Nijagunaradhya Bangalore

I, SHIVALEELA BASAVARAJ, residing at No.71, Shivakrupa 2nd Main, 2nd Stage, Vinayaka Layout, Vijayanagar, Bengaluru-560040, have changed my name to SHIVALEELA, vide affidavit dt: 08.10.2025 before Notary Deepa. M, Bengaluru.

I Shivam Verma S/O, Rupinder Sharma R/o No 216 Prasanna Aswarthy Nilaya 3rd Crs 2nd Mn, Teacher Cly Hbr Lyt Kalyananagar, Bengaluru - 560043 have changed my name to Shivam Sharma.

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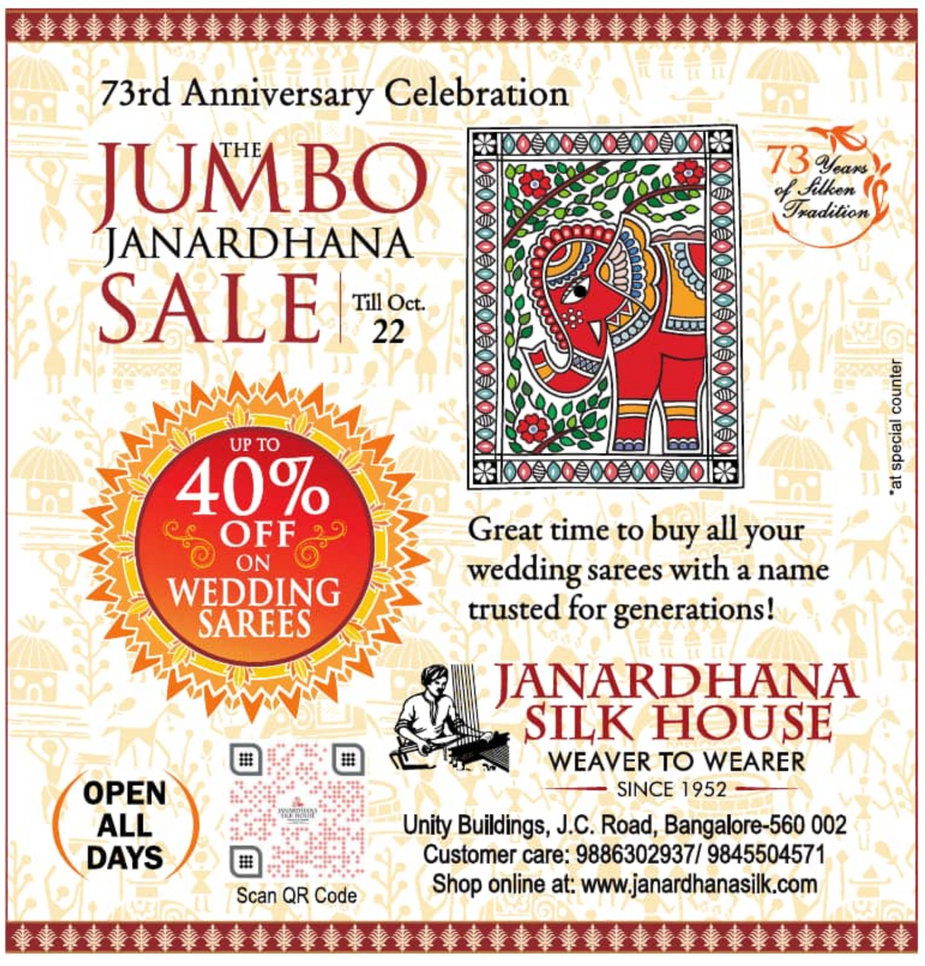
GALLERIA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POCSO case accused jumps off court building, dies

A 35-year-old undertrial accused in a POCSO case, Gowtham M, died after jumping from the fifth floor of the City Civil Court building on Thursday around 11.30 am. The incident occurred while he was being escorted from Parappana Agrahara Central Prison for a court hearing.

Gowtham, a resident of KR Puram and owner of an electrical shop in Chickpet, was among the four accused involved in different cases, brought to the court for trials. Police officials said that after returning from the washroom, he was being handcuffed again when he allegedly forced himself out of the restraints and jumped. The fall also caused injuries to another accused who was nearby.

CRIME FILES

Gowtham was rushed to Victoria Hospital but was declared dead on arrival. He had been arrested by Adugodi police on April 21 this year for sexually assaulting a relative. Despite denying the charges, a DNA test confirmed his involvement, which sources suggest may have contributed to his drastic action.

The Halasuru Gate police have registered a case of attempt to escape from custody, and DCP Central Division, Hakay Akshay Machhindra, along with senior officials, are supervising the investigation. –BMB

Young couple dies in mysterious fire at Yelahanka lodge

A young couple was found dead under mysterious circumstances after a fire broke out in their lodge room on the third floor of a commercial complex in Yelahanka on Thursday between 4.30 and 5 pm.

The deceased have been identified as Kaveri (25) and her friend Ramesh, who hail from Honnegudda in Gadag. According to police, Kaveri was employed at a spa, while Ramesh worked in a private firm. The two had checked into the lodge around 3 pm. Police said Kaveri had called room service to report the fire, prompting staff to alert the Fire and Emergency Services and attempt to break open the locked door. When they finally entered, Ramesh was found charred to death while Kaveri was discovered unconscious in the bathroom. It is alleged that he was already on fire when Kaveri emerged from the bathroom. She reportedly tried to call the lodge staff using the landline, but as the fire intensified, she re-entered the bathroom and fell unconscious.

The room had been locked, which delayed rescue efforts. Firefighters arrived promptly, broke down the door, and found both victims unresponsive. They were pronounced dead at the scene. DCP (North-East) Sajeeth VJ said the lodge had six rooms, none of which were occupied at the time. While the fire spread to adjoining rooms, no one else was injured. The cause of the fire is under probe by SOCO and FSL teams. –BMB

18 held for communal posts

As part of social media monitoring, 18 individuals have been arrested by Bengaluru police officials this year for posting or sharing communal, defamatory, and provocative content on social media platforms. Acting under the direction of the Commissioner of Police Seemant Kumar Singh, the Social Media Monitoring Cells (SMMCs) across all police stations in the city have intensified surveillance of online activity to curb the spread of misinformation and hate content that threatens public harmony.

According to the police, 37 cases have been registered so far in 2025, leading to the removal of 41 social media accounts and 19 objectionable posts shared by the accused. Officials warned of strict legal action. –BMB

6 minors force peer to consume contraband

Six juveniles, not previously in conflict with law, were produced before the Juvenile Justice Board (JJB) after assaulting another minor and forcing him to consume a banned substance, Govindarajanagar police reported.

The incident came to light on October 4, 2025, when the Social Media Monitoring Unit (SMMU) of Govindarajanagar police spotted a video showing a group of juveniles stripping, assaulting, and coercing another minor to consume a prohibited narcotic. Acting promptly, the Station House Officer registered a suo motu case.

Further investigation traced the victim, who revealed that five to six months ago, he had been locked inside a room, forced to smoke a banned substance, and physically assaulted by the accused.

The assault was recorded on video. Police subsequently located and questioned the six juveniles involved, with one admitting that the act took place in a room on his terrace.

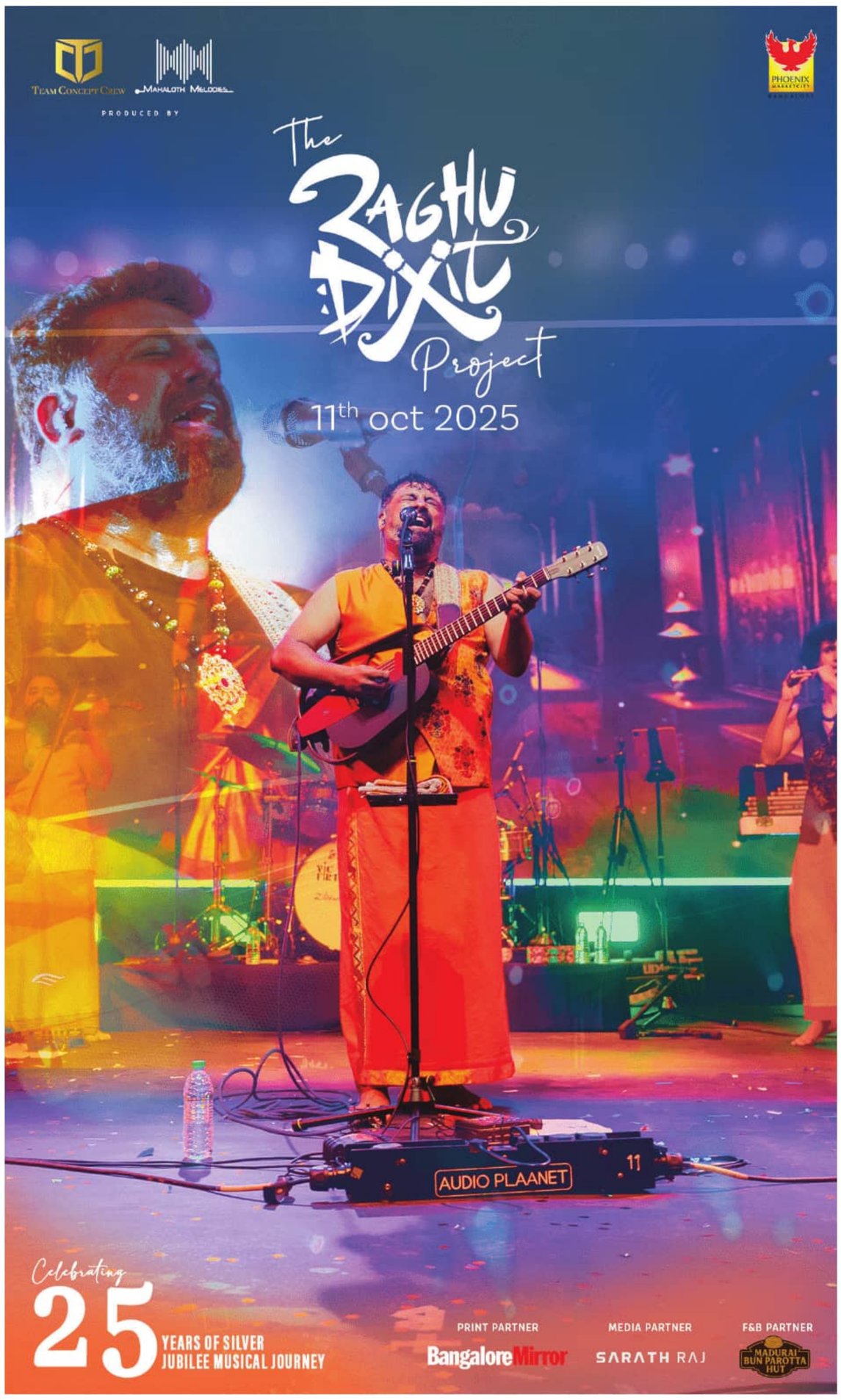
Due to timely surveillance and swift police action, the juveniles in conflict with law were sent to the Government Observation Home at Madiwala for care and protection. –BMB

Protest at campus

Students at Jain University's Jayanagar campus staged a protest on Thursday, boycotting classes to demand strict action against the Head of Department (HOD) booked for allegedly sexually assaulting a BCA student. The accused, Sanjeev Kumar Mondal, reportedly invited the student to his residence under the pretext of a family lunch.

Tension escalated on campus as students raised slogans and attempted to protest within college premises, prompting the administration to seek police assistance. Classes were calleda off, and students were asked to disperse. The protest follows the filing of an FIR after the student said Mondal had misbehaved with her at his home. –BMB

BM Food & Night Life



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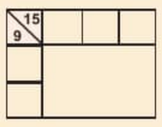
SOLVE IT IN A MINUTE

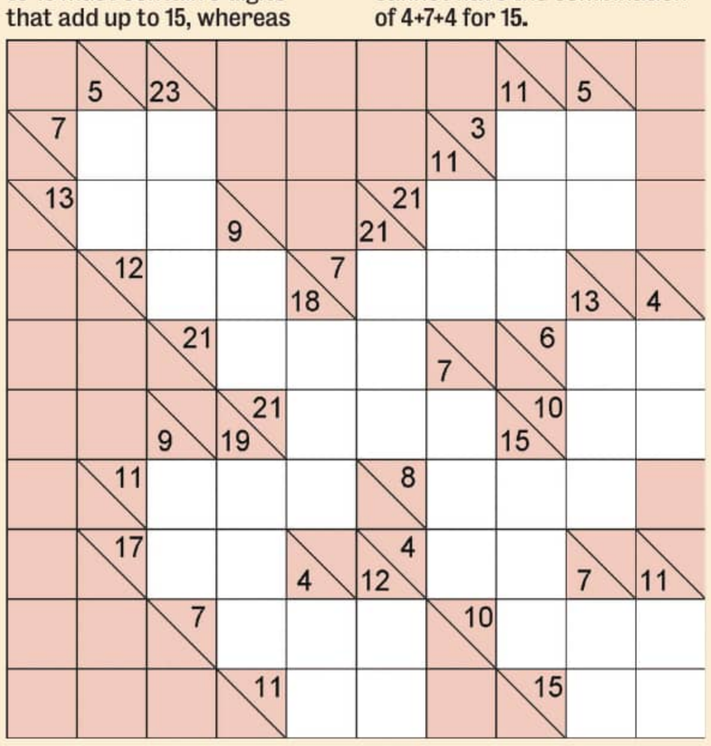
$(4 - 2\sqrt{5})^2 = 36 - 16\sqrt{5}$
True or False

Kakuro

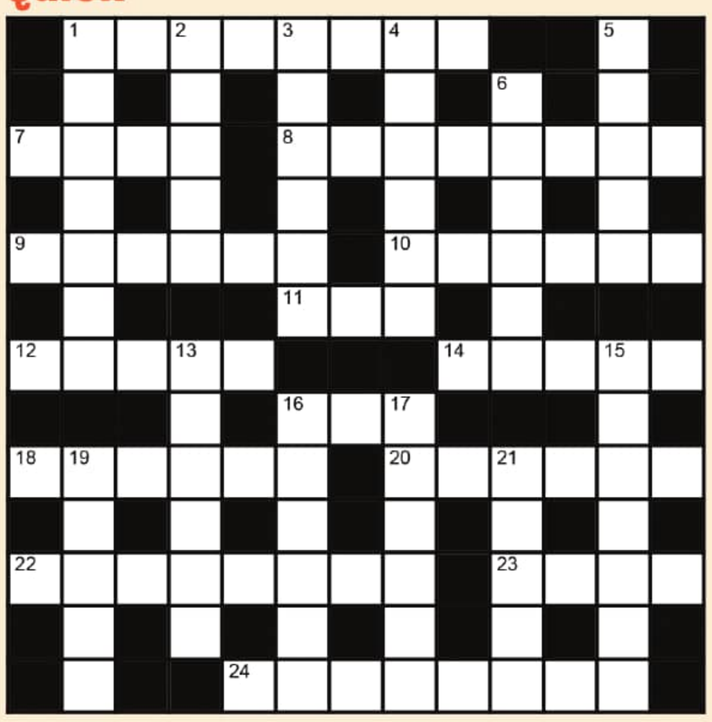
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Elastic (8)
7 202 in Roman numerals (4)
8 City in Maharashtra famous for sugar (8)
9 Dons or wears (4,2)
10 Lacking the power (6)
11 Physical training facility (3)
12 Borders on (5)
14 Worth (5)
16 Pan-broil (3)
18 Former Karnataka Governor who went on to become India's President (1,1,4)
20 Verbally (6)
22 Feeling of great happiness and triumph (8)
23 Tress (4)
24 Flees (4,4)

DOWN

1 Yield (7)
2 Lie in ___ : be devastated? (5)
3 ___ a chance : daring? (6)
4 Second lightest element (6)
5 At the same level (5)
6 Country in the British Empire (6)
13 Unimportant details (6)
15 Ill-fated (7)
16 Musical conclusion (6)
17 Youngsters (6)
19 Spring over (5)
21 Permit (5)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: J EQUALS O

ED AJC LUP KJR RJJ GJKO, E FEGG FLER VPUP DJU AJC LGG HA GEDP.

Linemaro

Can I borrow a kiss? I promise I'll give it back.

Mindchow

Trust yourself, then you will know how to live

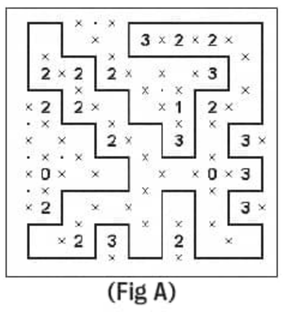
Joke of the day

A man goes to a $10 hooker and contracts crabs. When he goes back to complain, the hooker laughs and says, "What do you expect for $10 -- lobster?"

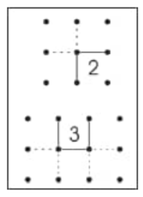
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

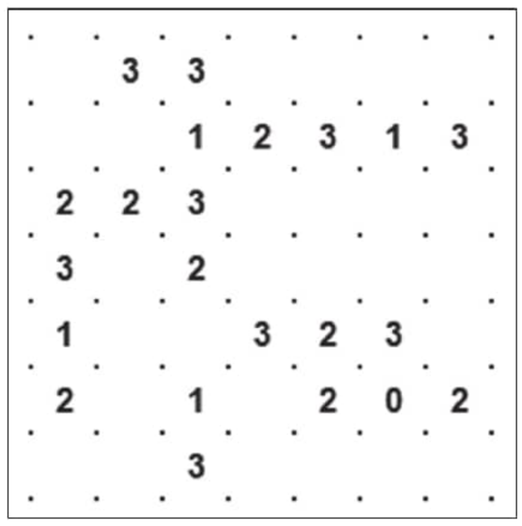


(Fig B) Not Allowed

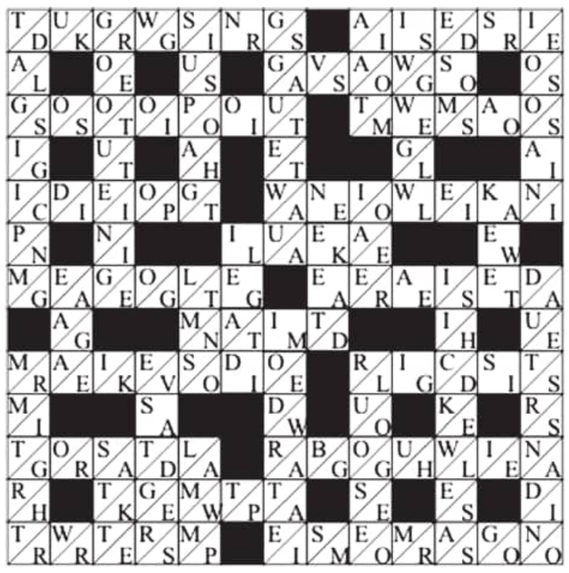
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



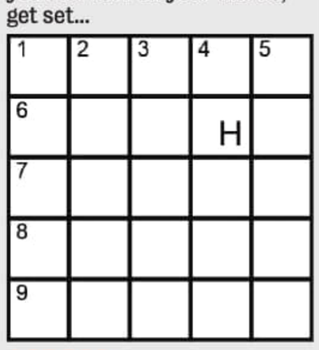
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

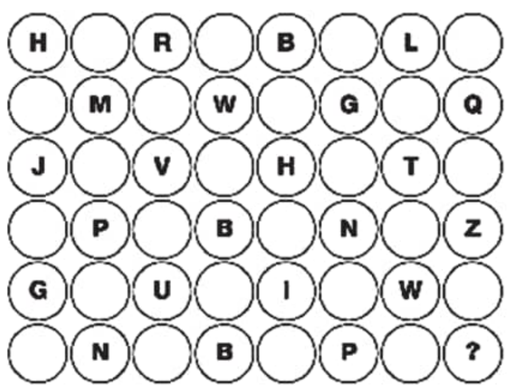
1 Lasts; 6 Hakas; 7 Nixed; 8 Is are; 9 Cries

DOWN

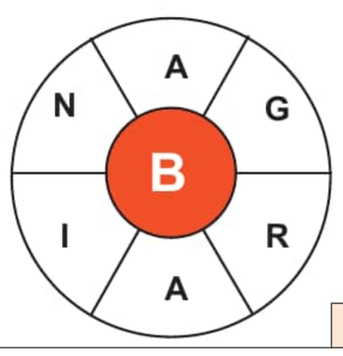
1 Sri KR; 2 Liana; 3 Sic ad; 4 Sheet; 5 Ex Ass

Mensapuzzle

Which letter replaces the question mark and completes the puzzle?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

08 Average; **09** Good; **11** Outstanding

SudokuChallenge

3			1		5			7
		1	3	4	7	5		
	7			6			8	
9								5
	8		6		3		2	
7								8
	9			1			5	
		3	9	5	8	7		
6			7		2			9

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 12

5 6 7 8

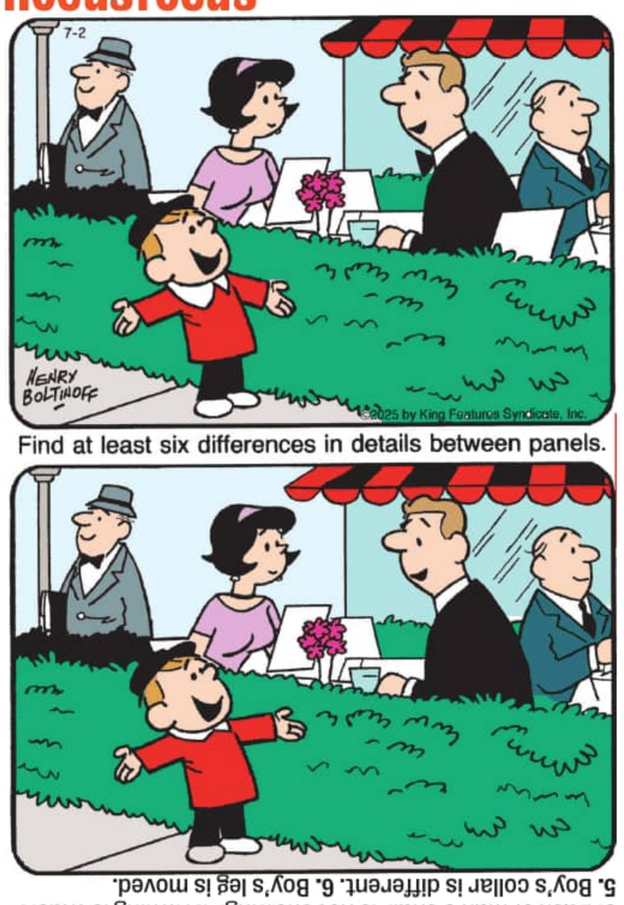
Medium = 11

5 5 5 6

Hard = 64

4 8 9 9

Hocusfocus



Find at least six differences in details between panels.

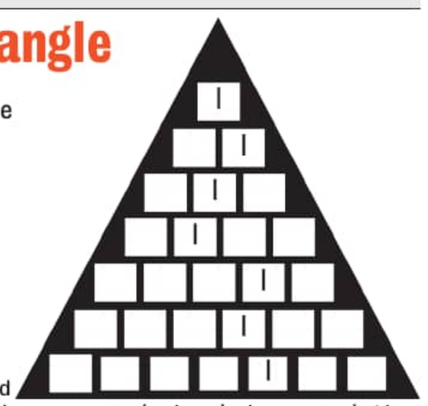
Differences: 1. Bow tie is missing. 2. Arm is raised. 3. Back of man's chair is not showing. 4. Awning is wider. 5. Boy's collar is different. 6. Boy's leg is moved.

Riddler

Rhonda will go see ballet but not the opera. Her favorite number is eight and she doesn't like nine. She likes salmon but not trout. She hates Mondays and likes Wednesdays. Does she use a comb or a brush?

Alpha triangle

1 Pronoun
2 51 in ancient Rome
3 Untruth
4 Manicurist's tool
5 Fey
6 Catlike
7 Sensation

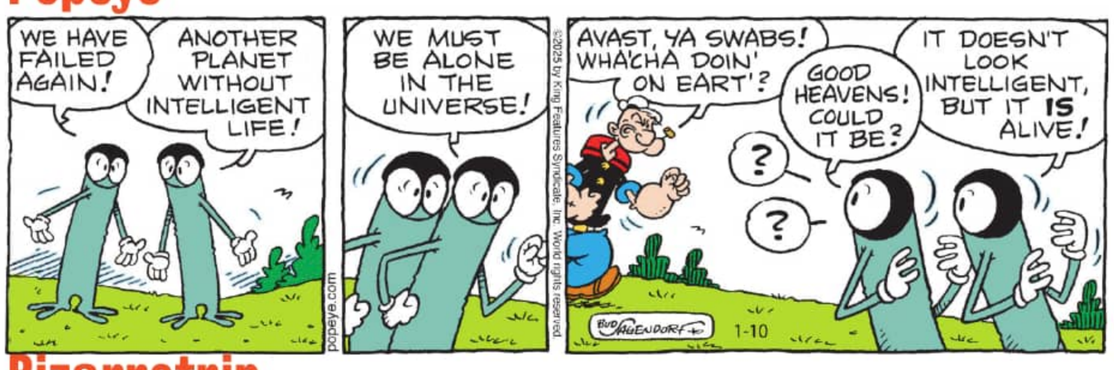


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Popeye


WE HAVE FAILED AGAIN!
ANOTHER PLANET WITHOUT INTELLIGENT LIFE!
WE MUST BE ALONE IN THE UNIVERSE!
AVAST, YA SWABS! WHA'CHA DOIN' ON EART'?
GOOD HEAVENS! COULD IT BE?
IT DOESN'T LOOK INTELLIGENT, BUT IT IS ALIVE!
?
?
popeye.com
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BUD SHUEndorf
1-10

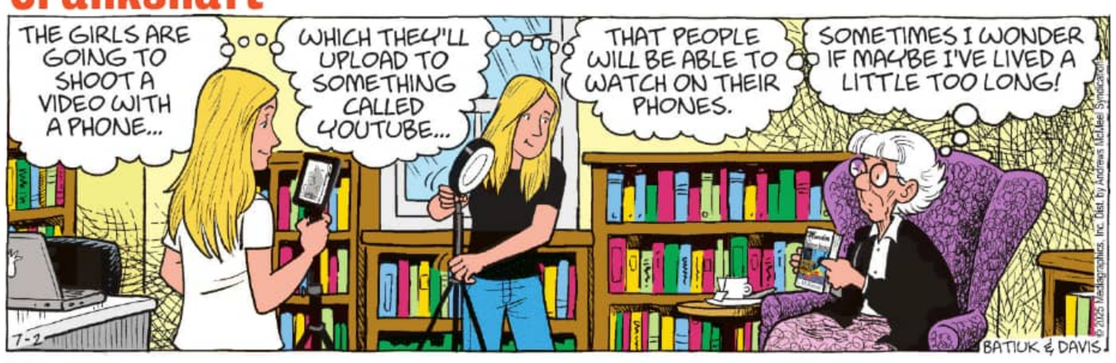
Bizarrotrip

Diamond Lil

Hart of the city

STEP TWO: MIX HYDROGEN PEROXIDE AND DISH DETERGENT.
THAT'S IT?! WHAT KIND OF REACTION IS THIS?! SCIENCE SUCKS!
THERE'S MORE DIRECTIONS ON THE BACK OF THE PAGE!
OH.
A PART OF SCIENCE IS READING THE FINE PRINT.
WATER (WARM)
YEAST
HYDROGEN PEROXIDE
DISH SOAP
STEPS
1. MIX YEAST + WATER
2. MIX PEROXIDE + DISH SOAP
TURN OVER
@COMICS.COM/HEARTOFTHECITY
HEART OF THE CITY © 2025 ANDREWS MCMEEL

Crankshaft


THE GIRLS ARE GOING TO SHOOT A VIDEO WITH A PHONE...
WHICH THEY'LL UPLOAD TO SOMETHING CALLED YOUTUBE...
THAT PEOPLE WILL BE ABLE TO WATCH ON THEIR PHONES.
SOMETIMES I WONDER IF MAYBE I'VE LIVED A LITTLE TOO LONG!
BATIUK & DAVIS

Mutts

WRITTEN IN THE STARS

DR SUNDEEP KOCHAR

If it's your birthday today

Creativity and imagination flourish this year. Artistic outlets or innovative projects bring joy and recognition. Career success comes when you blend originality with structure. Relationships benefit from playful, heartfelt communication. Financial growth is steady with mindful choices. Your intuition sharpens, guiding important steps. Health thrives through balance

Aries Mar 21 – Apr 20

Cleanse and nurture your body, Aries. Release obsession with checklists and body image insecurities. Rejoice in fleeting joys; focus on what uplifts. Simplicity and self-kindness restore power and happiness today now.

Taurus Apr 21 – May 20

Let intuition and creativity lead. Stand for truth, express needs, and heal through balanced presence. Harmony in body, mind, and spirit strengthens purpose—trust your feminine flow today.

Gemini May 21 – Jun 21

A relationship or power struggle reaches a resolution. Deep emotions carry wisdom—acknowledge them. Listening closely ensures future decisions align with truth. Insights gained empower your next chapter now, Gemini. Honour your feelings today.

Cancer Jun 22 – July 23

Balance earthly drive with divine essence. Social energy thrives; accept exciting invitations. Choose joy, avoid conflict, and step confidently toward your glittering destiny today now. Happiness follows aligned decisions now.

Leo Jul 24 – Aug 23

Justice arrives, collaborations, and swift movement manifest. Your patience positioned you powerfully. Invest in soul-nurturing bonds and embrace long-awaited momentum. Seize opportunities confidently today.

Virgo Aug 24 – Sep 23

Luck shields you from storms; resourcefulness thrives. Detail-oriented focus transforms into strength. Manifest desires boldly today; your security and abundance are supported. Expect surprises, Virgo. Trust your resilience and creativity.

Libra Sep 24 – Oct 22

You escape confusion's maze, celebrate freedom. Loosen seriousness, embrace play, and strengthen self-validation. Recognise cosmic ecstasy moving through you. Choose joy deliberately today, Libra—life feels lighter.

Scorpio Oct 23 – Nov 22

Persistence pays off—you've reached a pinnacle. Loved ones support and cheer you. Delegate tasks, accept help, and trust the Universe. Allow assistance to reduce stress; readiness to receive attracts blessings.

Sagittarius Nov 23 – Dec 22

Release resistance and flow like water. Obstacles redirect toward blessings. Trust angels arranging circumstances for greatness. Open reservoirs of surrender today, Sag, and welcome life's unfolding with ease.

Capricorn Dec 23 – Jan 20

Self-suffciency strengthens, compare options, cut through illusions, and claim beginnings. Step through open doors with courage; solutions arrive in synchrony. Your resilience assures renewal today.

Aquarius Jan 21 – Feb 19

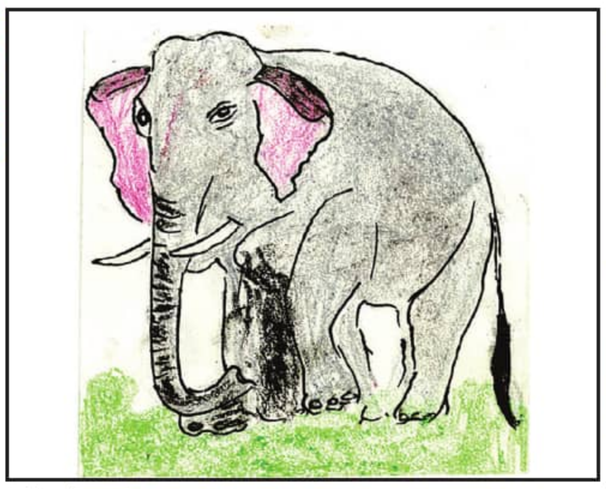
Trust your intuition; go right if your heart insists. Lessons integrate with ease. Justice balances unseen realms. Call your team of light for help—clarity and fairness emerge today.

Pisces Feb 20 – Mar 20

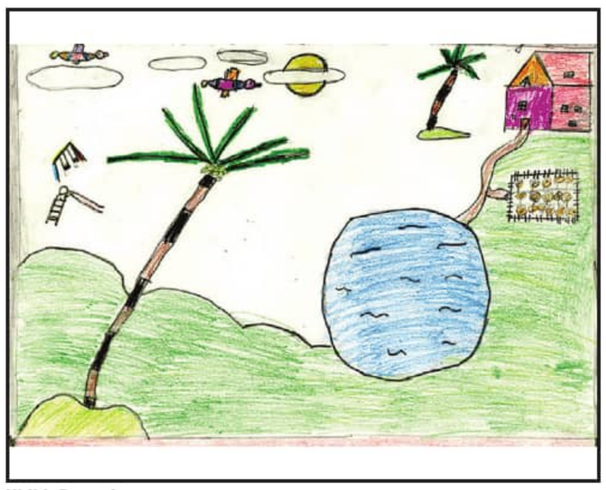
Nurture sensitivity by slowing down. Creative energy flows best with self-compassion. Release burdens, listen inwardly, and align imagination with faith. Healing restores equilibrium, Pisces.

www.sundeepkochar.com

KIDZONE



Ashiya, Bengaluru



Nidhi, Bengaluru

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M

$(4 - \sqrt{20})^2 = 16 - 8\sqrt{20} + 20$
$36 - 8\sqrt{20} = 36 - 16\sqrt{5}$
$36 - 16\sqrt{5} = 36 - 16\sqrt{5}$
True

RIDDLER

A comb. Rhonda likes words with silent letters, like her name.

QUOTE UNCODE

If you are not too long, I will wait here for you all my life.

FAST FIVE

S	L	A	T	S
K	A	S	H	A
I	N	D	E	X
R	A	I	S	E
R	I	C	E	S

BULL'S EYE

bang, BARGAIN, baring, barn, brag, brain, bran, brig, grab bring, garb,

STRIKE OUT

T	U	G	G	I	N	G		I	S	E	R	E		
A		E		S		A	V	O	W	S		O		
G	O	T	O	P	O	T		M	E	S	A	S		
G		T		A		E		L				I		
I	D	I	O	T		A	E	O	L	I	A	N		
N		N		L	U	K	E		W					
G	A	G	G	L	E		E	R	A	S	E	D		
	G		M	A	I	D			I			E		
M	A	K	E	S	D	O		L	I	C	I	T		
I		S		D		O		K		R				
G	R	A	T	A		A	B	O	U	L	I	A		
H		T	E	M	P	T		S		E		I		
T	W	E	R	P		E	M	E	R	S	O	N		

QUICK

				G	E	T	S	A	W	A	Y			
												T		
					A		L					L		
J	U	B	I	L	A	N	T		L	O	C	K		
		A		V		N		U		L		U		
V	V	G	I	R	I		O	R	A	L	L	Y		
				R		F	R	Y				N		
A	B	U	T	S				V	A	L	U	E		
	M				G	Y	M		D					
P	U	T	S	O	N		U	N	A	B	L	E		
	C		N		I		I		N		A			
C	G	I	I		K	O	L	H	A	P	U	R		
	U		A		E		C		H	Y		Q		
S	T	R	E	T	C	H	Y					E		

MENSA PUZZLE

D. Split the diagram horizontally into 3 rows, each 2 circles high. Start with the top left circle in each row, and move one space to the right, alternating down and up. Letters advance through the alphabet 5 letters at a time for the upper double row, 6 letters at a time for the central row, and 7 letters at a time for the bottom row.

SUDOKU

3	6	9	1	8	5	2	4	7
8	2	1	3	4	7	5	9	6
5	7	4	2	6	9	3	8	1
9	3	6	8	2	4	1	7	5
1	8	5	6	7	3	9	2	4
7	4	2	5	9	1	6	3	8
2	9	7	4	1	6	8	5	3
4	1	3	9	5	8	7	6	2
6	5	8	7	3	2	4	1	9

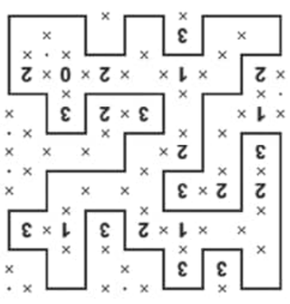
ALPHA TRIANGLE

I, LI, Lie, File, Elfin, Feline, Feeling.

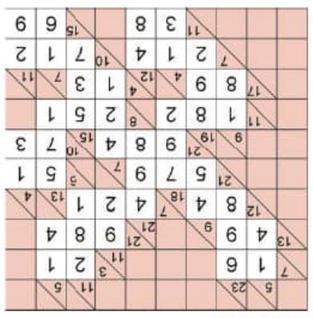
GO FIGURE

Easy
5 − 7 + 8 + 6 = 12
Medium
5 x 5 / 5 + 6 = 11
Hard
9 + 9 x 4 − 8 = 64

LOOP



KAKURO



Volume No 18, Issue No 200 RNI NO:KARENG/2007/21142 Published for the Proprietors, Metropolitan Media Company Ltd by Lokesh K.V. at No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011 and printed by him at Bennett Coleman & Co Ltd., The Times of India Press, No. 9/10/11-A, 4th Main, KIADB Bommasandra Industrial Area, Anekal Taluk, Bangalore - 560 099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru - 560 011, Email : mybangaloremirror@timesofindia.com Editor : Ms. Seena Menon - responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

Secret struggle — Actress Jennifer Aniston opened up that she spent 20 years secretly trying to have a baby, dismissing "false narrative" that she decided against having children because she is a "workaholic"

'Product of nepotism'

Terming himself a "product of nepotism", Bollywood star Ranbir Kapoor on Thursday said he was always aware of the perks of being born into a film family but lineage never guarantees success.

Ranbir, part of the fourth generation of the illustrious Kapoor

family, said he had to develop an individualistic approach and prove his talent independently to sustain in the industry. "I'm a product of nepotism and I got it very easy in my life but I always had to work hard because I realised that I come from a family like this and if I don't have an individualistic approach and if I don't make a name for myself, I'll not succeed in the film industry.

"You guys celebrate a lot of success of my family but there are a lot of failures also, and as much as you learn from the success, you learn from the failure also," the actor said. **PTI**

Bond from childhood

Bollywood actress Shanaya Kapoor recently took to her social media account to pen a heartfelt birthday wish for her "auntie" Gauri Khan, sharing a throwback picture from their younger days.

Shanaya wrote, "Love you, Gauri Aunty. Happy birthday."

The picture shows a young Shanaya seated comfortably on her mother, Maheep Kapoor's lap, while little Suhana Khan is perched on her mother, Gauri Khan's lap, the two mothers sitting right next to each other. Captured at what seems to be an award function, the moment beautifully reflects the warmth and closeness shared by both the families.

Both the mothers are seen smiling as they hold their daughters while the little girls appear wide-eyed and curious. Soon after, Suhana Khan, Gauri Khan's daughter, reshared the same post on her social media account with a teary-eyed emoji, showing her affection for her friend and their long-standing family bond.

—IANS

WOMEN POWER

Sonali celebrates presence of women in all aspects of film making

From navigating the single-screen era to embracing the OTT boom, Sonali Bendre has seen the entertainment industry transform and evolve. The actress, who continues to stay busy with OTT projects, books and podcasts, says that what matters the most to her is creative satisfaction.

Reflecting on the change in the entertainment world over the years, she says, "When multiplexes came in, things changed. You could tell smaller stories. That's when the boom began. Now, with more mediums available, it helps further." She says the changing dynamics on sets is one of the most significant shifts she has seen. "When I was working earlier, the only other woman on set was the hairdresser. Now, my team is all-women. I see women in direction, writing, camera, setting... and they are choosing this as a career. That, I think, is amazing," she adds.

Despite being diagnosed with metastatic cancer in 2018, Sonali emphasises that health is not a limitation when it comes to her work. "I am absolutely fine. The only filter now is joy and creative satisfaction," she says. This year has been particularly busy for her. "At the beginning of this year, I launched a book. Then, I finished shooting for an OTT show and started a podcast. I have also been hosting a TV show. It's like fireworks — there's so much happening and I am enjoying it all," she shares.

"I see women in direction, writing, camera, setting... they are choosing this as a career

—Hasti Doshi, ETimes

SANDALWOOD SHOTS

Y MAHESWARA REDDY

Period drama

Roaring Star Sriimurali is set to make a comeback with Ugrayudham, a period drama set 700 years ago, after a gap of a year. The muhurat function of Ugrayudham was held at Sri Bande Mahakali Temple on Monday. The movie is being bankrolled by Jayaram Devasamudra under the Suram Movies banner while Puneeth Rudranag makes debut as a director with this movie.

Devasamudra said that he was very happy to bankroll this period movie. "As of now, audiences have been encouraging period movies. I am confident of our movie's success," he said.

Director Rudranag said he was very happy to have Sriimuarli on board. "The movie's regular shooting is expected to begin from November 1," he said. Sriimurali said that he went through around 200 scripts in the last one year and he gave consent to only three.

Releasing soon

Karunada Chakravarthy Dr Shivarajkumar unveiled the trailer of the movie Green, directed by Raaj Vijay, who has also bankrolled the movie in association with BN Swamy. The movie was screened at various film festivals and won 21 awards.

Thanking Dr Shivarajkumar for unveiling the trailer, Raaj said he nourished an ambition of becoming a director since his childhood and also worked as assistant and associate director for a few Kannada movies. "I am happy to realise my dream. I am a VFX technician. Green is a mind-bending psychological thriller. It also reflects the connection between mind and nature," he said.

The producer-cum-director said the movie is set in a forest. "A major portion of the shooting was held in and around Ooty. It got 21 awards and received good feedback from foreigners. I am sure Kannada audiences will support this movie by watching it at theaters. We are planning to release the movie on October 23 across the state," he said. Nishant of Gunadhya Productions is presenting this movie. "The movie has turned out well. The climax that lasts for 15 minutes is unique," Nishant said.